

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

December 2024 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / parcbronx@samaritanvillage.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Arts & Crafts w/ Antionette"</i> 1:00pm to 2:00pm <i>"Self-Talk" w/Byron</i>	3 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Financial Literacy Workshop"</i> <i>w/ Chuck & MCU</i>	4 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Exploring Social Anxiety" w/ Chuck</i> 7:00pm to 8:00pm <i>Staying Connected Mtg. Zoom ID: 567 484 6336</i>	5 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Recovery Club - X-Mas Décor Party & Dancing w/ Mayra</i>	6 PARC OPEN 9am – 11am <i>"Coffee & Communication"</i> & 2:30pm to 4:00pm <i>NA Meeting ONLY</i>	7 PARC CLOSED
9 10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>"Introduction to PARC Services & Orientation" w/ Joe</i>	10 10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>PARC Vision Team Mtg</i> 3:00pm to 4:00pm <i>"Men's Workshop w/ Byron</i>	11 10:30am to 11:00am <i>"Daily Inspiration"</i> 12:00pm to 1:00pm <i>"A Vetter Way" w/ Jamel</i> 7:00pm to 8:00pm <i>Staying Connected Mtg. Zoom ID: 567 484 6336</i>	12 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Recovery Club Journaling & Drawing" w/Veronica</i>	13 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Let's Heal" Stretching w/Mayra</i> 2:30pm to 4:00pm <i>NA Meeting</i>	14 10:30am to 1:30pm <i>Movie Matinee: "Salem's Lot 2024" w/ Mayra & Jesus</i>
16 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Coffee & Communication" w/ Veronica</i>	17 10:30am to 11:00am <i>"Daily Inspiration"</i> 12:00pm to 3:00pm <i>"PARC Center Coat Drive"</i> RSVP Required.	18 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Health & Hygiene in Recovery" w/ Ms. Annette</i> 1:00pm to 2:00pm <i>"Never Fall-Back" Workshop w/Jesus</i>	19 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Women's Empowerment" w/ Antionette</i> 3:00pm to 5:00pm <i>"Recovery Club – Ugly Sweater Workshop" w/ PARC Staff</i>	20 PARC OPEN for NA Meeting ONLY 2:30pm to 4:00pm <i>NA Meeting</i>	21 PARC CLOSED
23 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Family Values in Recovery Workshop" w/ Ms. Annette</i>	24 10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>"Egg Nogg, Coffee & Holiday Communication" w/ PARC Staff</i> PARC Closes at 4:00pm	25 Merry Christmas PARC CLOSED	26 10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>"Recovery Club Positive Holiday Vibes Workshop" w/ Jesus</i>	27 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>Spanish Workshop "Mente Clara" w/Mayra</i> 2:30pm to 4:00pm <i>NA Meeting</i>	28 PARC CLOSED
30 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Coffee & Communication" w/Antoinette</i>	31 10:30am to 11:00am <i>"Daily Inspiration"</i> 12:00pm to 1:00pm <i>"Making & Keeping Positive Resolutions w/ PARC Interns</i> PARC Closes at 4:00pm	<i>January 1, 2025</i> Happy New Year PARC CLOSED	Computer Lab is open daily from 10am to 5pm For more information on TRAININGS, contact us at (929) 244-1500 or parcbronx@samaritanvillage.org		