

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

October 2024 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / parcbronx@samaritanvillage.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:30am to 12:30pm "Introduction to PARC Services & Orientation" w/Joe	2 11:30pm to 12:30pm "Exploring Social Anxiety" w/Chuck	3 3:00pm to 5:00pm "Recovery Club – Recreation" w/Chuck	4 11:30am to 12:30pm "Arts & Crafts" w/Antoinette 2:30pm to 4:00pm NA Meeting	5 CLOSED
7 11:30am to 12:30pm "Old Behaviors in New Life" w/Jesus 2:30pm to 3:30pm "Positive Vibes" w/Mary	8 11:30am to 12:30pm "Coffee and Communication" w/Antionette	9 11:30am to 12:30pm "Personal Responsibility in Recovery" w/Mayra 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336	10 3:00pm to 5:00pm "Recovery Club – Musical Exercise & Stretching" w/Mayra	11 12:00pm to 1:30pm Virtual Narcan Training 2:30pm to 4:00pm NA Meeting	12 10:30am to 1:30pm "Movie Matinee – House of a Thousand Corpses" w/Chuck & Joe
14 1:00pm to 2:00pm "Self-Talk" w/Byron	15 11:30am to 12:30pm "Introduction & Orientation to PARC services" w/Antoinette 2:30pm to 3:30pm "Positive Vibes" w/Annette	16 11:30am to 12:30pm "Health & Hygiene in Recovery" w/Annette 1:00pm to 2:00pm "It's Fall Arts Workshop" w/Jesus 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336	17 3:00pm to 5:00pm "Recovery Club – Hispanic Heritage Month Celebration" w/Jesus RSVP required!	18 11:30am to 12:30pm "Arts & Crafts" w/Antoinette 2:30pm to 4:00pm NA Meeting	19 CLOSED
21 1:30pm to 2:30pm "Adjust Your Crown" w/Annette & Mary	22 11:30am to 12:30pm "Coffee and Communication" w/Antionette 3:00pm to 4:00pm Men's Workshop / "From Boyz to Responsible Men" w/Byron	23 11:30am to 12:30pm "Financial Literacy Workshop" w/Chuck & MCU 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336	24 11:30am to 12:30pm "Health & Hygiene in Recovery" w/Antoinette 3:00pm to 5:00pm "Recovery Club / Halloween Celebration" w/Interns	25 12:00pm to 1:30pm Virtual Narcan Training 1:00pm to 2:00pm "Self-Talk" w/Byron 2:30pm to 4:00pm NA Meeting	26 CLOSED
28 1:00pm to 2:00pm "Educational Development" w/Joe	29 11:30am to 12:30pm "Introduction to PARC Services & Orientation" w/Joe	30 "Safety Halloween Tips" W/Parc Bronx Team	Computer Lab is open daily from 10a to 5p For more information on TRAININGS, contact us at (929) 244-1500 or parcbronx@samaritanvillage.org		