

# PEER ALLIANCE RECOVERY CENTER (PARC)

## May 2025 Calendar of Activities

QUEENS – 89-31 161<sup>st</sup> Street 2<sup>nd</sup> Floor / Queens NY 11432 (929) 244-1445 / [parc@samaritanvillage.org](mailto:parc@samaritanvillage.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>*JOIN US for Daily Inspiration from 10:30a to 11:00am!</b></p> <p><b>*Computer Lab is open 10am to 5pm daily</b></p> <p><b>*Art Therapy is daily from 11am to 12pm</b></p> <p><b>*In-House Narcan Training takes place every Thursday at 12:00pm.</b></p> <p><b>Please see Peer Professional to sign up</b></p> <p><b>For more information on any trainings listed, please contact us at:</b></p> <p><b>929-244-1445 or <a href="mailto:parc@samaritanvillage.org">parc@samaritanvillage.org</a></b></p>			<p><b>1</b></p> <p><b>12:30am to 1:30pm</b> Nutrition Workshop</p> <p><b>3:30pm to 4:30pm</b> “Reading in Recovery-PARC Book Club” w/ Ceirra</p>	<p><b>2</b></p> <p><b>12:00pm to 1:00pm</b> Keeping Yourself. Changing Your Perspective w/ Michael</p> <p><b>2:00pm to 4:00pm</b> Recovery Club “Game Day”</p> <p><b>4:00pm to 4:30pm</b> “The Consistency Challenge” w/ Lloyd</p>	<p><b>3</b></p> <p><b>CLOSED</b></p>
<p><b>5</b></p> <p><b>2:00pm to 3:00pm</b> “New Participant Orientation” In Spanish &amp; English</p> <p><b>3:00pm to 4:00pm</b> “Celebración Cinco de mayo- “Zero-Proof Style!”</p> 	<p><b>6</b></p> <p><b>11:00am to 12:00pm</b> “In Your Own Words” w/ Michael</p> <p><b>12:00pm to 1:00pm</b> Computer One on One w/Ceirra</p>	<p><b>7</b></p> <p><b>11:00am to 12:00pm</b> Art Therapy w/ Hank</p> <p><b>1:00pm to 2:30pm</b> NA Meeting</p> <p><b>3:00pm to 4:00pm</b> “Be Still” Affirmation workshop w/Kami &amp; Lisette</p>	<p><b>8</b></p> <p><b>12:30am to 1:30pm</b> Nutrition Workshop</p> <p><b>2:00p to 3:00pm</b> Acupuncture at PARC w/Jackie</p> <p><b>3:30pm to 4:30pm</b> “Reading in Recovery-PARC Book Club” w/ Ceirra</p>	<p><b>9</b></p> <p><b>12:00pm to 1:30pm</b> Virtual Narcan Training Zoom ID:879 0270 7119</p> <p><b>12:00pm to 1:00pm</b> Keeping Yourself. Changing Your Perspective w/ Michael</p> <p><b>2:00pm to 4:00pm</b> Recovery Club- “Cornhole”</p>	<p><b>10</b></p> <p><b>11:00am to 1:00pm</b> “PARC LIVE” Mother’s Day Special w/Michael, Lisette, Kareem &amp; Lloyd</p>
<p><b>12</b></p> <p><b>1:30pm to 2:30pm</b> “Queens in Queens” Celebrating Mother’s Day w/ Margaret, Kami, Lisette &amp; Ceirra</p> <p><b>4:00pm to 4:30pm</b> “The Consistency Challenge” w/ Lloyd</p>	<p><b>13</b></p> <p><b>11:00am to 12:00pm</b> “In Your Own Words” w/ Michael</p> <p><b>12:00pm to 1:00pm</b> LGBTQIA+ at PARC w/Kareem</p> <p><b>1:00pm to 2:00pm</b> PARC Vision Team</p>	<p><b>14</b></p> <p><b>11:00am to 12:00pm</b> Art Therapy w/ Hank</p> <p><b>1:00pm to 2:30pm</b> NA Meeting</p> <p><b>3:00pm to 4:00pm</b> “Be Still” Affirmation workshop w/Kami &amp; Lisette</p>	<p><b>15</b></p> <p><b>12:30am to 1:30pm</b> Nutrition Workshop</p> <p><b>3:30pm to 4:30pm</b> “Reading in Recovery-PARC Book Club” w/ Ceirra</p>	<p><b>16</b></p> <p><b>12:00pm to 1:00pm</b> Keeping Yourself. Changing Your Perspective w/ Michael</p> <p><b>2:00pm to 4:00pm</b> Recovery Club- Basketball Rufus King Park</p>	<p><b>17</b></p> <p><b>CLOSED</b></p>
<p><b>19</b></p> <p><b>2:00pm to 3:30pm</b> VET Support Workshop with William &amp; Bradley</p> <p><b>2:00pm to 3:00pm</b> “New Participant Orientation” In Spanish &amp; English</p>	<p><b>20</b></p> <p><b>11:00am to 12:00pm</b> “In Your Own Words” w/ Michael</p> <p><b>12:00pm to 1:00pm</b> Computer One on One w/Ceirra</p> <p><b>2:00pm to 3:00pm</b> “Promoting Positive Thinking/Avoiding Stinking Thinking” w/ Bradley</p>	<p><b>21</b></p> <p><b>11:00am to 12:00pm</b> Art Therapy w/ Hank</p> <p><b>1:00pm to 2:30pm</b> NA Meeting</p> <p><b>3:00pm to 4:00pm</b> “Be Still” Affirmation workshop w/Kami &amp; Lisette</p>	<p><b>22</b></p> <p><b>12:30am to 1:30pm</b> Nutrition Workshop</p> <p><b>2:00p to 3:00pm</b> Acupuncture at PARC w/Jackie</p> <p><b>3:30pm to 4:30pm</b> “Reading in Recovery-PARC Book Club” w/ Ceirra</p>	<p><b>23</b></p> <p><b>12:00pm to 1:30pm</b> Virtual Narcan Training Zoom ID:879 0270 7119</p> <p><b>2:00pm to 4:00pm</b> Recovery Club- “PARC LIVE”</p> <p><b>4:00pm to 4:30pm</b> “The Consistency Challenge” w/ Lloyd</p>	<p><b>24</b></p> <p><b>CLOSED</b></p>
<p><b>26</b></p> <p><b>CLOSED</b></p> 	<p><b>27</b></p> <p><b>11:00am to 12:00pm</b> “In Your Own Words” w/ Michael</p> <p><b>12:00pm to 1:00pm</b> LGBTQIA+ at PARC w/Kareem</p>	<p><b>28</b></p> <p><b>11:00am to 12:00pm</b> Art Therapy w/ Hank</p> <p><b>1:00pm to 2:30pm</b> NA Meeting</p> <p><b>3:00pm to 4:00pm</b> “Be Still” Affirmation workshop w/Kami &amp; Lisette</p>	<p><b>29</b></p> <p><b>12:30am to 1:30pm</b> Nutrition Workshop</p> <p><b>3:30pm to 4:30pm</b> “Reading in Recovery-PARC Book Club” w/ Ceirra</p>	<p><b>30</b></p> <p><b>2:00pm to 4:00pm</b> Recovery Club- “Color Your World: Creativity in Recovery” w/Taylor</p> <p><b>4:00pm to 4:30pm</b> “The Consistency Challenge” w/ Lloyd</p>	<p><b>31</b></p> <p><b>CLOSED</b></p>