

## Samaritan Daytop Village

## HARLEM OUTPATIENT TREATMENT PROGRAM Youth & Family Treatment & Recovery Services

The Youth & Family Treatment & Recovery (YFTR) Services at Harlem Outpatient Treatment Program provides teens, young adults, and their family members holistic, integrated behavioral health treatment and peer recovery services.

With a specialized approach for a specific patient group, YFTR offers early detection and

intervention for mental health diagnoses and substance use disorder – both prevalent for at-risk teens and young adults.

Outpatient sessions take place in a structured, trauma-sensitive environment. An interdisciplinary team of clinicians and certified Recovery Coaches, deliver evidence-based addiction treatment and peer support.

## Tending to the Behavioral Health of the Entire Family



The staff at Harlem Outpatient Treatment Program addresses the behavioral health needs of the entire family. The program provides developmentally appropriate treatment, family-specific interventions, and integrated recovery services.

Harlem & Youth and Family Treatment & Recovery Services target a vulnerable and medically underserved population who have been affected by the social determinants of health: teens (ages 16-18), young adults (ages 19-25), and their family members or caregivers (of any age).

Our community-based services feature a Saturday Clubhouse offering education, movies, games, and social support; bilingual (Spanish language) services; assistance with school supplies; family resources; free Narcan training with rescue kits; and harm reduction services.

## Contact Us

To learn more and schedule sessions, contact the Program Director at (212) 864-4128.

