

# Samaritan Daytop Village

WHERE GOOD LIVES®

OUTPATIENT TREATMENT PROGRAMS



# **OUTPATIENT TREATMENT PROGRAMS**

# **Outpatient Treatment for Recovery and Wellness**

Samaritan Daytop Village's Outpatient Treatment Programs integrate treatment for substance use and mental health disorders into patients' daily lives. Our Outpatient Treatment Programs help patients stay on the path to recovery from addiction, restore mental health balance and benefit from personal growth and wellness.

Holistic in its approach, outpatient treatment is responsive to the patient's evolving strengths and needs. Our programs support individualized levels of care and offer additional services to meet person-centered treatment goals. We bring patients a range of intensive and non-intensive treatment, health, mental health, family and wellness services.

Through behavioral therapeutic intervention, we assist patients as they lay the groundwork for recovery and wellness. Our evidence-based practices fully engage individuals in the treatment process as they work toward a balanced life with healthy, supportive relationships.

# **Certified Community Behavioral Health Clinics (CCBHC)**

Four outpatient treatment program sites in the Bronx, Staten Island and on Long Island offer comprehensive services for both substance use and mental health disorders. Each of these sites has been recognized by SAMHSA as a Certified Community Behavioral Health Clinic or CCBHC.

## Pathway Home Program

Through the innovative Pathway Home program, Samaritan Daytop Village provides services for both substance use and mental health disorders to patients recently discharged from NYC Health + Hospitals. We work to ensure these individuals continue to receive high-quality services in a community setting.

## **Admission to Outpatient Treatment**

To be evaluated for outpatient treatment, call one of our locations near you to make an appointment for an initial assessment. We accept Medicaid and most major medical insurance.

### ACT on Mental Health Needs

Through funding by the New York State Office of Mental Health, a mobile team brings outpatient treatment to homeless shelter residents who have been diagnosed with serious mental health issues. We administer ACT (Assertive Community Treatment) at several homeless shelters in Brooklyn, including our Myrtle Avenue Men's Health Shelter and sites operated by CAMBA and BCS/HELP USA.

# Services for Individuals and Families

One of the greatest advantages of outpatient treatment is its flexibility. Patients can attend sessions while maintaining their school or work schedules and continue to live in their homes.

# We serve adults, adolescents, children and families. Our integrated outpatient services include:

- Levels of care in outpatient
  - Psychiatric day rehabilitation
  - Outpatient day rehabilitation
  - Intensive outpatient
  - Medically supervised outpatient withdrawal
  - DWI/impaired driving program

### • Types of Interventions

- Individual and group therapy
- Medication-assisted treatment
- Psychotherapy
- Cognitive behavioral therapy
- Dialectical behavior therapy
- Family functional therapy
- Solution-focused therapy
- Medical evaluations
- Psychiatric evaluation
- Psychological evaluation
- Relapse prevention
- Stress management/coping skills
- Evidence-based groups (co-ed or gender-based)
  - Anger management
  - Co-occurring disorders
  - Seeking Safety
  - Thinking for a Change
  - Sexual awareness

- Family services
  - Domestic violence services
  - Family Association membership
  - Family counseling
  - Parenting counseling
  - On-site childcare, at certain locations
- Other
  - Creative art therapy
  - Marriage and family therapy
  - Psychopharmacology
  - Spirituality groups
  - Telehealth service
  - Vocational and educational groups
  - 24-hour (after hours) call service



# WHERE GOOD LIVES®

# Every day good wakes up and rolls up its sleeves at Samaritan Daytop Village.

For over 60 years, Samaritan Daytop Village has been improving the quality of life for New Yorkers. We are nationally recognized for our treatment of substance use disorder as well as for the veteran-specific approach we pioneered. Our continuum of services also includes health and mental health care, transitional and supportive housing, educational and vocational assistance, peer-assisted recovery, and specialized programs for adolescents, families and seniors.

Annually, Samaritan Daytop Village serves over 33,000 people at more than 60 facilities throughout New York City, Long Island and the lower Hudson Valley, and we continue to grow.



# Samaritan Daytop Village

WHERE GOOD LIVES\*

Samaritan Daytop Village 138-02 Queens Blvd., Briarwood, NY 11435 Phone: 718-206-2000

www.samaritanvillage.org

### Bronx

Bronx Outpatient Treatment Program

2800 Bronxwood Avenue, Bronx, NY 10469 718-518-9007

#### Independence Outpatient Treatment Program\*

The Richard Pruss Wellness Center 510 Courtlandt Avenue, 5th Floor, Bronx, NY 10451 718-402-9000

New Beginnings Community Counseling Center\* The Richard Pruss Wellness Center 510 Courtlandt Avenue, 4th Floor, Bronx, NY 10451 718-665-2456

### Manhattan

### Harlem Outpatient Treatment Program

2090 Adam Clayton Powell Jr. Blvd., 7th Floor New York, NY 10027 212-864-4128

#### Queens

Jamaica Outpatient Treatment Program

144-10 Jamaica Avenue, Jamaica, NY 11435 718-206-1990

### Staten Island

Staten Island Outpatient Treatment Program\* 1915 Forest Avenue, Staten Island, NY 10303 718-981-3136

#### **Brooklyn Satellite**

Brooklyn Outpatient Treatment Program 338 Forbell Street, Brooklyn, NY 11208 929-244-1456

### Beyond NYC

Rockland Outpatient Treatment Program 620 Route 303, Blauvelt, NY 10913-1170 845-353-2730

#### Suffolk Outpatient Treatment Program\*

2075 New York Avenue, Huntington, NY 11746-3236 631-351-7112

For more information, contact a Samaritan Daytop Village outpatient facility directly.

\*Certified Community Behavioral Health Clinics (CCBHC)



